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**UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA**

13 **BRENT SCARPO.** *on behalf of himself and*
14 *all others similarly situated,*

15 Plaintiff,

16 v.

17 **NATROL, LLC,**

18 Defendant.

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**pro hac vice forthcoming*

Case No. 5:21-cv-01979

CLASS ACTION

**PLAINTIFF'S CLASS ACTION
COMPLAINT FOR:**

1. VIOLATION OF THE UNFAIR
COMPETITION LAW, Business
and Professions Code § 17200, *et seq.*;
2. VIOLATION OF THE
CONSUMER LEGAL REMEDIES
ACT, Civil Code § 1750, *et seq.*; and
3. BREACH OF EXPRESS
WARRANTY

DEMAND FOR JURY TRIAL

1 Plaintiff Brent Scarpo brings this action on behalf of himself and all others
2 similarly situated against Defendant Natrol, LLC (“Natrol”) and states as follows:

3 **NATURE OF ACTION**

4 1. In all of its marketing materials, Natrol claims that its “Natrol Cognium®
5 Memory” (“Cognium Memory”) and “Natrol Cognium® Memory Extra Strength”
6 (“Cognium Memory Extra Strength”) (collectively the “Cognium Products”) provide
7 improved memory and recall. To make matters worse, to deceptively imply scientific
8 significance and credibility, the Cognium Products’ packaging also states that the
9 Cognium Products contain the “#1 most clinically studied ingredient for memory.”

10 2. Based on Natrol’s representations, Plaintiff Scarpo and similarly situated
11 California consumers like him purchased Cognium Products to improve their memory.
12 Indeed, these efficacy claims are the only reason a consumer would purchase the
13 Cognium Products.

14 3. Natrol’s advertising claims, however, are provably false, misleading, and
15 reasonably likely to deceive the public because reliable scientific evidence, including
16 expert opinion and scientific studies, shows that the so-called active ingredient in the
17 Cognium Products, silk protein hydrolysate, is no more effective than a placebo at
18 improving memory.

19 4. The fundamental reason that the Cognium Products are not capable of
20 having any effect beyond that of a placebo is that it is scientifically impossible for silk
21 protein hydrolysate to provide the brain health and memory benefits that Natrol
22 promises. Contrary to Natrol’s uniform advertising claims, experts confirm that silk
23 protein hydrolysate is digested in the human gastrointestinal track, the same way any
24 other protein is ingested. Because the Cognium Products are digested they cannot have
25 the effect on brain function claimed beyond that of a placebo pill—in fact, a sugar pill
26 likely has more protein than the Cognium Product, which have less protein than a slice
27 of bread.

28 5. Accordingly, Plaintiff brings this action for violation of California

1 consumer protection laws and for breach of express warranty on behalf of himself and
2 similarly situated persons to obtain a full refund for himself and for all other similarly
3 situated purchasers in California for the worthless product they purchased at \$20 a
4 bottle, as well as for injunctive relief.

5 **JURISDICTION AND VENUE**

6 6. This Court has original jurisdiction pursuant to 28 U.S.C. § 1332(d)(2).
7 The matter in controversy, exclusive of interest and costs, exceeds the sum or value of
8 \$5,000,000, and is a class action in which there are in excess of 100 class members and
9 many members of the Class are citizens of a state different from Defendant.

10 7. This Court has personal jurisdiction over Defendant, because Defendant
11 is authorized to conduct and do business in California. Defendant has marketed,
12 promoted, distributed, and sold the Cognium Products in California, and Defendant
13 has sufficient minimum contacts with this State and/or has sufficiently availed itself of
14 the markets in this State through its promotion, sales, distribution, and marketing within
15 this State to render the exercise of jurisdiction by this Court permissible.

16 8. Venue is proper in this Court pursuant to 28 U.S.C. §§ 1391(a) and (b)
17 because a substantial part of the events or omissions giving rise to Plaintiff's claims
18 occurred while she resided in this judicial district. Venue is also proper under 18 U.S.C.
19 1965(a), because Defendant transacts substantial business in this District.

20 **PARTIES**

21 9. Plaintiff Brent Scarpo resides in Palm Springs, California. In early 2020,
22 Plaintiff was exposed to and saw Natrol's misrepresentations regarding the brain
23 function and memory benefits of Cognium by reading the Cognium Product label in a
24 Wal-Mart store in Palm Springs, California. In reliance on the claims listed on the
25 Product label, such as that the Product would improve memory and recall, in or around
26 February 2020, Mr. Scarpo purchased Cognium. He paid approximately \$20.00 for a 60
27 count 100 mg tablet bottle of Cognium because he believed the Product would provide
28 the advertised brain health and memory benefits. Thus, as a result of his purchase, Mr.

Scarpo suffered injury in fact and lost money. Had Plaintiff known the truth about Natrol's misrepresentations and omissions, he would not have purchased Cognium. Plaintiff is not claiming physical harm or seeking the recovery of personal injury damages. If Natrol were to correct its misrepresentations and omissions, then Mr. Scarpo might consider purchasing Cognium in the future.

10. Defendant Natrol, LLC is a limited liability company organized and existing under the laws of the state of Delaware. Natrol is owned by Nyx Holdco, Inc., which is a Delaware corporation.

11. Natrol manufactures, advertises, markets, and distributes the Cognium Products to thousands of consumers across the country and in the State of California.

FACTUAL ALLEGATIONS

I. Natrol's Advertising and Sale of the Cognium Products

12. Since 2017, Natrol has distributed, marketed, and sold Cognium on a nationwide basis, including in California.

13. The Cognium Products are sold at a variety of grocery chains, retail stores, online stores, pharmacies, and low-cost retailers, including Wal-Mart.

14. Natrol sells two Cognium Products: (1) Cognium Memory, which bottles contain 60 tablets of 100 mg Cognium, and (2) Cognium Memory Extra Strength, which bottles contain 60 tablets of 200 mg Cognium.

15. "Cognium" refers to silk protein hydrolysate. In that regard, as stated on the Cognium Products' packaging, "Cognium Memory is powered by natural protein from silkworm cocoons."

16. As detailed herein, competent scientific evidence demonstrates that the silk protein hydrolysate in the Products is not capable of producing the improved memory and recall that Natrol promises purchasers. Natrol's advertising claims are provably false and misleading as a result.

17. Natrol has reaped enormous profits from its false advertising and sale of the Cognium Products.

1 ***A. Natrol's Uniform Advertising of the Cognium Products***

2 18. Throughout its advertising of the Cognium Products, Natrol has
3 consistently advertised that consuming the Cognium Products will improve memory,
4 recall, and brain health.

5 19. Natrol has disseminated this message across a variety of media, including
6 its website and online promotional materials, and most importantly, at the point of
7 purchase on the front of the Cognium Products' packaging and labeling where it cannot
8 be missed by consumers.¹

9 20. Throughout the relevant time period, Natrol has packaged the Cognium
10 Products using substantially similar and deceptive packages and labels with the memory
11 and brain health benefit advertising messaging at issue.

12 21. The front of the Cognium Products' packaging and labeling states in large,
13 bolded font that the Cognium Products are "Clinically Shown to Improve Memory and
14 Recall." In addition, the front of the Cognium Products' packaging and labeling states
15 in all capital letters, printed in large font that the Cognium Products are for "BRAIN
16 HEALTH." What's more, the word "MEMORY" appears immediately below the word
17 "Cognium" in large, bolded font on the front of the package. And the bottom left
18 corner of the front label states in all capital letters, that Cognium is the "#1 Most
19 Clinically Studied Ingredient for Memory." The word "memory" is set in a typeface much
20 larger than the rest of the message, except for the number 1, which is also larger than
21 the rest of the message.

22 22. The front panels for the labels for each package of Cognium Memory and
23 Cognium Memory Extra Strength appear substantially as follows:

24

25

26

27 ¹ Indeed, even in online promotional materials, such materials show the front label of
28 the product. For instance, the Natrol website prominently displays the product label
when advertising Cognium. See <https://www.natrol.com/store/natrol-cognium-memory-brain-health-tablets>.

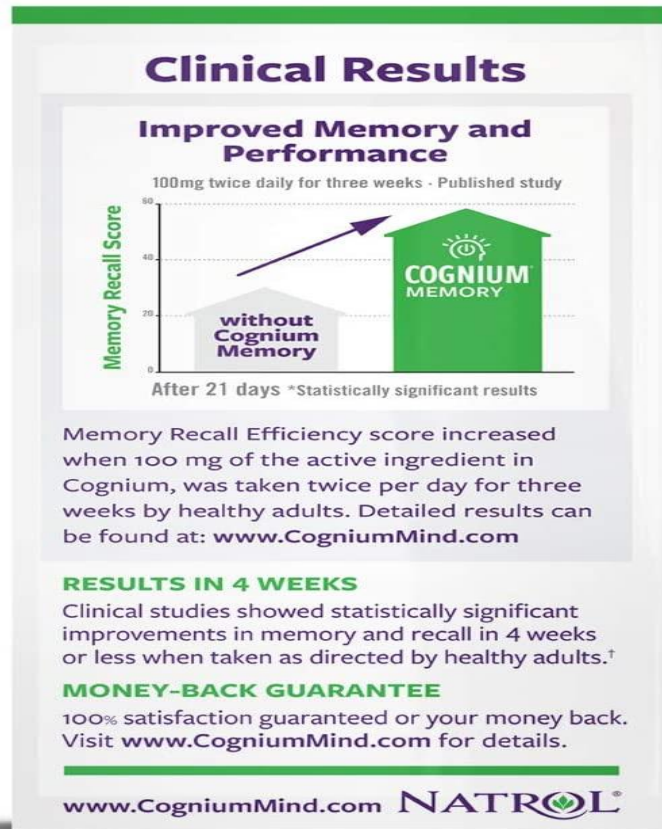


23. Throughout the other packaging panels of the Cognium Products' packing panels, Natrol repeats and reinforces the false and deceptive brain health and memory improvement claim.

24. For instance, the side-panel packaging reinforced the false and deceptive brain health and memory claims, including that that "Cognium Memory keeps your mind sharp and your memory strong." Directly below that, the packaging states that "Cognium Memory is powered by a natural protein from silkworm cocoons. It has been shown to be effective in healthy adults in multiple clinical trials."

25. In addition, the side-panel packaging also claims that using Cognium results in "Improved Memory and Performance." This panel includes a bar chart that purports to show the results of a "Published study," whereby users of Cognium Memory experienced increases in "Memory Recall Efficiency," in just 21 days.

26. Furthermore, the side-panel packaging promises “Results in 4 weeks” in bold all caps font, making the claim that “[c]linical studies showed statistically significant improvement in memory and recall in 4 weeks or less when taken as directed by healthy adults.”



27. Natrol’s marketing representations in other media repeat and reinforce the false and misleading brain health benefit claims made on the packaging and labeling for the Cognium Products. For example, on their website, www.natrol.com/store/natrol-cognium-brain-health-tablets, Natrol claims that “Natrol Cognium keeps your mind sharp and your memory strong.”² Natrol also claims that “multiple clinical studies have shown statistically significant improvements in memory and recall in healthy adults, in as little as four weeks.”

² See also <https://www.natrol.com/store/natrol-cognium-extra-strength-brain-health-tablets>.

1 ***B. Natrol's Representations are Deceptive and Misleading as Clinical***
 2 ***Evidence Refutes Natrol's Representations***

3 28. Both Cognium Products have one active ingredient: silk protein
 4 hydrolysate.

5 29. Natrol's memory and brain claims are provably false and misleading,
 6 because, as Plaintiff's expert, Richard Bazinet, Ph.D., will testify, when Cognium is
 7 ingested, it is broken down in the digestive system by strong stomach acid. Plaintiff's
 8 expert will further opine that, even if some of the Cognium persists beyond the stomach
 9 and is absorbed into the blood, the liver would further break it down and then the
 10 blood-brain barrier, the natural gate-keeper of the brain, would keep out anything left
 11 of the substance. Ultimately, Plaintiff's expert concludes, Cognium cannot impact the
 12 brain because it *does not* absorb into the blood stream or cross the blood-brain barrier.
 13 Only if the active ingredient crossed the blood-brain barrier could it potentially cause
 14 any improvement whatsoever to brain performance.

15 30. Stated otherwise, as Plaintiff's expert will explain, silk protein hydrolysate
 16 is a protein. Like all proteins it is subjected to digestion in the human gastrointestinal
 17 track. During this process, silk protein hydrolysate is broken down into its amino acid
 18 constituent parts. Thus, by the time it reaches the bloodstream, it has become amino
 19 acids. This is no different than any other protein, such as those found in ordinary foods,
 20 like fish, turkey, or even bread.

21 31. Notably, the amount of protein ingested when a consumer takes Cognium
 22 is trivial to other foods. For instance, a slice of white bread contains 2.57 grams of
 23 protein. A single dose of Cognium Memory contains 100 mg of protein. Thus, a single
 24 slice of bread contains over 25 times the amount of protein as does a dose of Cognium
 25 Memory.

26 32. Moreover, as Plaintiff's expert will testify, even if silk protein hydrolysate
 27 was not fully digested and were to somehow enter the bloodstream, it would not be
 28 able to pass the blood-brain barrier. Most importantly, the only molecules that are able

1 to cross the blood brain barrier are those under .04-.06 kilodaltons. Silk protein
 2 hydrolysate does not have a molecular mass that small. Rather, like most proteins, silk
 3 protein hydrolysate is much too large to cross the blood brain barrier. As a result, it has
 4 no effect on a user's memory.

5 33. On its website, Natrol brandishes seven studies that claim to support its
 6 claim that Cognium is "clinically shown to improve memory and recall in healthy
 7 adults." All of these studies suffer from serious deficiencies such that they do not
 8 support the claim that Cognium is "clinically shown to improve memory and recall in
 9 healthy adults."

10 34. A 2004 study entitled "Association between Cerebral Blood Flow and
 11 Cognitive Improvement Effect by *B. mori* Extracted Component" makes the claim that
 12 administration of 400 mg of Cognium—4 times the amount in Cognium Memory—
 13 twice a day for three weeks, resulted in a 9-point increase in IQ among study
 14 participants. The study consisted of four individuals and did not make use of a control
 15 group.³ This falls well below anything that would be sufficient to show that an
 16 ingredient is "clinically proven" to do anything.

17 35. The other 6 studies are similarly flawed.

18 36. Five of the studies, while using sample sizes larger than four, still employ
 19 sample sizes that are too small to provide any scientific value—in some instances it is
 20 not even clear how many individuals actually consumed Cognium.

21 37. Another 2004 study, this one entitled "The Role of BF-7 on Enhancement
 22 of Memory and Cognitive Function" only reported results for 25 individuals who were
 23 "recruited among elderly people who visit a day care center in Seoul dementia [sic]."⁴

24 38. A third 2004 study is likewise unreliable, because it is inconsistent in
 25

³ The study is available on Natrol's website:
 26 [https://www.natrol.com/images/tips/pdf/i_BF7-Mental-Human-po-Lee-](https://www.natrol.com/images/tips/pdf/i_BF7-Mental-Human-po-Lee-KorJSericSci-2004-translated-hilite.pdf)
 27 [KorJSericSci-2004-translated-hilite.pdf](https://www.natrol.com/images/tips/pdf/i_BF7-Mental-Human-po-Lee-KorJSericSci-2004-translated-hilite.pdf).

⁴ The study is available on Natrol's website:
 28 [https://www.natrol.com/images/tips/pdf/c_BF7-Memory-Human-po-Kim-](https://www.natrol.com/images/tips/pdf/c_BF7-Memory-Human-po-Kim-KorJAnat-2004-translated-hilite.pdf)
[KorJAnat-2004-translated-hilite.pdf](https://www.natrol.com/images/tips/pdf/c_BF7-Memory-Human-po-Kim-KorJAnat-2004-translated-hilite.pdf)

1 identifying even the number of subjects tested. In the abstract and first page of the
 2 article “The Role of BF-7 on Neuroprotection and Enhancement of Cognitive
 3 Function,” the study claims that 50 high school students went through the Rey Kim
 4 and K-WAIS test; however, page three then claims that only 40 high school students
 5 underwent these tests.⁵

6 39. Yet another study from 2004, “BF-7 Improved Memory Function and
 7 Protected Neuron from Oxidative Stress” uses 66 individuals, broken into three groups,
 8 though the study fails to identify the sizes of the respective groups.⁶

9 40. Two studies broke its participants into three groups (placebo, low dose,
 10 and high dose) with each group having between 32 and 34 persons—“The
 11 Improvement of Learning and Memory Ability of Persons by BF-7”⁷ and “The Effect
 12 of Bf-7 on the Ischemia-Induced Learning and Memory Deficits.”⁸ Due to this
 13 breakdown, while larger than the other studies, these numbers are still much too small
 14 to show any actual significance. Furthermore, one of the studies, “The Effect of BF-7
 15 on the Ischemia Inducted Learning and Memory Deficits,” fails to state how many
 16 doses of Cognium each individual was given.

17 41. Finally, “The Improvement of Short- and Long-term Memory of Young
 18 Children by BF-7” only contains an abstract of the article in English. The remainder of
 19 the article is written in Korean and has not been translated. But the study itself is only
 20

21 ⁵ The study is available on Natrol’s website:
 22 https://www.natrol.com/images/tips/pdf/b_BF7-Memory-Human-po-Chae-KorJPhysiolPharm-2004-hilite.pdf.

23 ⁶ The study is available on Natrol’s website:
 24 https://www.natrol.com/images/tips/pdf/e_BF7-Memory-Human-po-Lee-KorJPhysAnthropol-2004-translated-hilite.pdf.

25 ⁷ The study is available on Natrol’s website:
 26 https://www.natrol.com/images/tips/pdf/d_BF7-Memory-Human-po-Lee-KorJPhyPharm-2004-hilite.pdf.

27 ⁸ The study is available on Natrol’s website:
 28 https://www.natrol.com/images/tips/pdf/h_BF7-Mental-Human-po-Lee-KorJAnat-2005-translated-hilite.pdf.

1 limited to children, and the abstract fails to show the number of children in the study
 2 or the actual results of any tests. Rather, the abstract simply speaks in broad terms. For
 3 instance, the abstract claims “the ability of memory application and awareness of
 4 complex thing [sic] were also significantly improved.” Such a vague explanation fails to
 5 provide any evidence that the conclusion is valid.⁹

6 42. In short, none of the studies on Natrol’s website provide any scientific
 7 support for the claim that Cognium is “clinically shown to improve memory and recall
 8 in healthy adults.” Rather, they are simply an attempt to apply a deceiving scientific
 9 sheen onto a baseless advertising claim that competent scientific evidence refutes.

10 **CLASS DEFINITION AND ALLEGATIONS**

11 43. Pursuant to Rule 23 of the Federal Rules of Civil Procedure, Plaintiff
 12 brings this action for himself and all members of the following class of similarly situated
 13 individuals (the “Class”):

14 All people who purchased Cognium Memory or Cognium Memory Extra
 15 Strength for personal or household purposes in California within the applicable
 16 statute of limitations through the date of class certification.

17 44. The following individuals are excluded from the Class: Natrol, Natrol’s
 18 officers, directors, and employees, and those who purchased Cognium Memory or
 19 Cognium Memory Extra Strength for the purpose of resale.

20 ***A. Numerosity***

21 45. Cognium Memory is sold throughout California such that the Class is so
 22 numerous that joinder of all members of the Class is impracticable.

23 ***B. Common Questions of Law and Fact Predominate***

24 46. This action involves common questions of law and fact, which
 25 predominate over any questions affecting individual Class members. These common
 26

27 ⁹ The study is available on Natrol’s website:

28 https://www.natrol.com/images/tips/pdf/k_The_Improvement_of_Short_and_Long-term_Memory_of_Y.pdf.

1 legal and factual questions include but are not limited to, the following:

- 2 a. Whether the claims discussed above are true, or are misleading, or
- 3 objectively reasonably likely to deceive;
- 4 b. Whether Natrol's alleged conduct violates public policy;
- 5 c. Whether the alleged conduct constitutes violations of the laws
- 6 asserted;
- 7 d. Whether Natrol engaged in false or misleading advertising;
- 8 e. Whether Plaintiff and the Class members have sustained monetary
- 9 loss and the proper measure of that loss; and
- 10 f. Whether Plaintiff and Class members are entitled to other
- 11 appropriate remedies.

12 ***C. Typicality***

13 47. Plaintiff's claims are typical of the claims of the members of the Class
 14 because, *inter alia*, all Class members were injured through the uniform misconduct
 15 described above and were subject to Natrol's deceptive brain health and memory claims
 16 that accompanies each and every Cognium Product that Natrol sold. Plaintiff advances
 17 the same claims and legal theories on behalf of herself and all members of the Class.

18 ***D. Adequacy***

19 48. Plaintiff will fairly and adequately protect the interests of the members of
 20 the Class. Plaintiff has retained counsel experienced in complex consumer class action
 21 litigation, and Plaintiff intends to prosecute this action vigorously. Plaintiff has no
 22 adverse or antagonistic interests to those of the Class.

23 ***E. Superiority***

24 49. A class action is superior to all other available means for the fair and
 25 efficient adjudication of this controversy. The damages or other financial detriment
 26 suffered by individual Class members is relatively small compared to the burden and
 27 expense that would be entailed by individual litigation of their claims against Natrol. It
 28 would thus be virtually impossible for Plaintiff and Class members, on an individual

1 basis, to obtain effective redress for the wrongs done to them. Furthermore, even if
 2 Class members could afford such individualized litigation, the court system could not.
 3 Individualized litigation would create the danger of inconsistent or contradictory
 4 judgments arising from the same set of facts. Individualized litigation would also
 5 increase the delay and expense to all parties and the court system from the issues raised
 6 by this action. By contrast, the class action device provides the benefits of adjudication
 7 of these issues in a single proceeding, economies of scale, and comprehensive
 8 supervision by a single court, and presents no unusual management difficulties under
 9 the circumstances here.

10 50. The Class may also be certified because Natrol has acted or refused to act
 11 on grounds generally applicable to the Class.

12 51. Unless a Class is certified, Natrol will retain monies received as a result of
 13 its conduct that were taken from Plaintiff and Class members.

14 **COUNT I**

15 **Violation of the Consumer Legal Remedies Act**

16 **Civil Code § 1750, *et seq.***

17 52. Plaintiff repeats and re-alleges the allegations contained in the paragraphs
 18 above, as if fully set forth herein.

19 53. This cause of action is brought pursuant to the Consumer Legal Remedies
 20 Act, California Civil Code § 1750 (the “Act”). Plaintiff is a “consumer” as defined by
 21 California Civil Code § 1761(d). Natrol’s Cognium Products are “goods” within the
 22 meaning of the Act.

23 54. Natrol violated and continues to violate the Act by engaging in the
 24 following practices proscribed by California Civil Code § 1770(a) in transactions with
 25 Plaintiff and the Class which were intended to result in, and did result in, the sale of the
 26 Cognium Products:

27 (5) Representing that [the Cognium Products have] ... approval,
 28 characteristics, ... [and] benefits ... which [they do] not have ...

1 (7) Representing that [the Cognium Products are] of a particular standard,
2 quality or grade ... if [they are] of another.

3 (9) Advertising goods ... with intent not to sell them as advertised.

4 (16) Representing that [the Cognium Products have] been supplied in
5 accordance with a previous representation whey [they have] not.

6 55. Natrol violated the Act by representing and failing to disclose material
7 facts on the Cognium Products' labeling and packaging and associated advertising, as
8 described above, when it knew, or should have known, that the representations were
9 false and misleading and that the omissions were of material facts it was obligation to
10 disclose.

11 56. Pursuant to § 1782(d) of the Act, Plaintiff and Class seek a court order
12 enjoining the above-described wrongful acts.

13 57. Pursuant to § 1782 of the Act, Plaintiff sent notification, a true and correct
14 copy of which is attached hereto as **Exhibit A**, to Natrol in writing by certified mail of
15 the particular violations of § 1770 of the Act and demanded that Natrol rectify the
16 problems associated with the actions detailed above and give notice to all affected
17 consumers of Natrol's intent to so act. Plaintiff will amend to add actual, punitive and
18 statutory damages as appropriate if Natrol does not rectify the notified issues within 30
19 days of the date of written notice pursuant to § 1782 of the Act.

20 58. Pursuant to § 1780(d) of the Act, attached hereto as **Exhibit B** is the
21 affidavit showing that this action has been commenced in the proper forum.

22 **COUNT II**

23 **Violation of Business & Professions Code § 17200, *et seq.***

24 59. Plaintiff repeats and re-alleges the allegations contained in the paragraphs
25 above, as if fully set forth herein.

26 60. Business & Professions Code § 17200 prohibits any "unlawful, unfair or
27 fraudulent business act or practice and unfair, deceptive, untrue, or misleading
28 advertising." For the reasons discussed above, Natrol has violated each of these

1 provisions of Business & Professions Code § 17200.

2 61. In the course of conducting business, Natrol committed “unlawful”
3 business practices by violating the CLRA, and breaching express warranties.

4 62. Natrol’s actions also constitute “unfair” business acts or practices because,
5 as alleged above, *inter alia*, Natrol engaged in false advertising, misrepresented, and
6 omitted material facts regarding the Cognium Products, and thereby offended an
7 established public policy, and engaged in immoral, unethical, oppressive, and
8 unscrupulous activities that are substantially injurious to consumers.

9 63. For the reasons detailed above, Natrol’s actions are “fraudulent” because
10 Natrol falsely and misleadingly claims that the Cognium Products improve memory and
11 brain health and omits the true nature of the Products.

12 64. As stated in this complaint, Plaintiff alleges violations of consumer
13 protection, unfair competition, and truth in advertising laws in California and other
14 states, resulting in harm to consumers. Natrol’s acts and omissions also violate and
15 offend the public policy against engaging in false and misleading advertising, unfair
16 competition, and deceptive conduct toward consumers. This conduct constitutes
17 violations of the unfair prong of Business & Professions Code § 17200, *et seq.*

18 65. There were reasonably available alternatives to further Natrol’s legitimate
19 business interests other than the conduct described herein.

20 66. Business & Professions Code § 17200, *et seq.*, also prohibits any
21 “fraudulent business act or practice.”

22 67. Natrol’s actions, claims, nondisclosures, and misleading statements, as
23 more fully set forth above, were also false, misleading, and/or likely to deceive the
24 consuming public within the meaning of Business & Professions Code § 17200, *et seq.*

25 68. Natrol’s advertising, labeling, and packaging as described herein also
26 constitutes unfair, deceptive, untrue, and misleading advertising.

27 69. Natrol’s conduct caused and continues to cause substantial injury to
28 Plaintiff and the other Class members. Plaintiff has suffered injury in fact and has lost

1 money as a result of Natrol's unfair conduct.

2 70. As a result of its deception, Natrol has been able to reap unjust revenue
3 and profit.

4 71. Plaintiff, on behalf of himself, and all others similarly situated, and the
5 general public, seeks an injunction enjoining Natrol from continuing its misleading
6 marketing campaign and restitution of all money obtained from Plaintiff and the
7 members of the Class collected as a result of unfair competition, and all other relief this
8 Court deems appropriate, consistent with Business & Professions Code § 17203.

9 **COUNT III**

10 **Breach of Express Warranty**

11 72. Plaintiff repeats and re-alleges the allegations contained in the paragraphs
12 above, as if fully set forth herein.

13 73. Plaintiff brings this claim individually and on behalf of the Class.

14 74. Section 2-313 of the Uniform Commercial Code provides that an
15 affirmation of fact or promise, including a description of the goods, becomes part of
16 the basis of the bargain and creates an express warranty that the goods shall conform
17 to the promise and to the description.

18 75. At all times, California and other states have codified and adopted the
19 provisions in the Uniform Commercial Code governing the express warranty of
20 merchantability.

21 a. Plaintiff and each member of the Class formed a contract with Natrol at
22 the time Plaintiff and the other Class members purchase the Cognium Products. The
23 terms of the contract include the brain health and memory promises made by Natrol
24 on the Cognium Products' labels and packaging, as described above. These
25 representations constitute express warranties, became part of the basis of the bargain,
26 and are part of a standardized contract between Plaintiff and the members of the Class
27 on the one hand, and Natrol on the other. Natrol made the following express warranties
28 that it breached when it sold a dummy pill to consumers: "Clinically Shown to Improve

Memory and Recall;" "Enhances mental agility by improving cognitive function;"
"Improved memory and performance;" and "Results in 4 weeks."

76. All conditions precedent to Natrol's liability under this contract have been performed by Plaintiff and the Class.

77. Natrol has breached the terms of this contract, including the express warranties, with Plaintiff and the Class by not providing the Cognium Products that could provide the brain health and memory benefits as represented and described above.

78. As a result of Natrol's breach of its warranty, Plaintiff and the Class have been damages in the amount of the purchase price of the Cognium Products they purchased.

PRAYER FOR RELIEF

Wherefore, Plaintiff prays for a judgment:

- A. Certifying the Class as requested herein;
- B. Enjoining Natrol's misleading marketing campaign;
- C. Awarding Plaintiff and the proposed Class members damages;
- D. Awarding restitution and disgorgement of Natrol's revenues to Plaintiff and the proposed Class members;
- E. Awarding attorneys' fees and costs; and
- F. Providing such further relief as may be just and proper.

DEMAND FOR JURY TRIAL

Plaintiff hereby demands a trial by jury of all issues so triable.

Date: November 22, 2021

By: /s/ Annick M. Persinger

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EXHIBIT A

SPANGENBERG
SHIBLEY & LIBER
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— COMMITMENT INTEGRITY RESULTS —

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CRAIG SPANGENBERG
(1914-1998)

NORMAN W. SHIBLEY
(1921-1992)

JOHN D. LIBER
(1938-2013)

November 19, 2021

VIA CERTIFIED MAIL

Andrew Houlberg
President and CEO
Natrol LLC
21411 Praire Street
Chatsworth, CA 91311

Re: Cognium®

Dear Mr. Houlberg:

We represent Brent Scarpo ("Plaintiff") who intends to file a class action lawsuit on behalf of himself and all other similarly situated consumers in California against Natrol LLC ("You") arising out of misrepresentations by You to consumers that Your Cognium Products¹ improve memory, recall, and brain health. Plaintiff intends to bring claims for breach of express warranty, and for violations of California consumer protection law including Cal. Civ. Code Sec. 1750. The class action lawsuit has not yet been filed. This letter is sent in a good faith attempt to resolve this matter before filing.

The Cognium cognitive benefits message has been made and repeated across a variety of media including on Defendant's website and online promotional materials, at the point of purchase, and on the front of Cognium Products' packaging and labeling. For example, the front of the Cognium Products' packaging and labeling states that Cognium is "Clinically Shown to Improve Memory & Recall."

Plaintiff and other similarly situated consumers purchased Cognium Products unaware of the fact that Defendant's representations were deceptive and not truthful, including because they are provably false and misleading. Scientific evidence shows that the Cognium Products are digested like any protein, do not pass the blood brain barrier, and that, as a result, the Cognium Products are no more effective

¹ The Cognium Products include Cognium Memory and Cognium Memory Extra Strength.

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June 18, 2021
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than a placebo sugar pill. In that regard, the body processes the so-called active ingredient in the Products, silk protein hydrolysate, like any other protein: breaking it down into amino acids. When Cognium enters the bloodstream, it does so as amino acids. Cognium does not and cannot breach the blood-brain barrier, as its molecular makeup is too dense. Furthermore, even if Cognium were able to breach the blood-brain barrier, any effect is infinitesimal, as the amount of protein in a single dose is miniscule relative to the amount of protein humans eat on a daily basis. For instance, a single dose of Cognium Memory contains 100 mg of protein. A single slice of bread, by comparison, contains 2.57 grams of protein, more than 25 times the amount of protein than in Cognium Memory. For these reasons, your claims about the Cognium Products are false and misleading and violate the Consumers Legal Remedies Act, California Civil Code § 1750 *et seq.* Specifically, Your practices violate California Civil Code § 1770(a) under the following subdivisions:

(5) Representing that goods or services have ... approval, characteristics, ... uses [or] benefits ... which they do not have ...

* * *

(7) Representing that goods or services are of a particular standard, quality or grade ... if they are of another.

* * *

(9) Advertising that goods or services with intent not to sell them as advertised.

* * *

(16) Representing that the subject of a transaction has been supplied in accordance with a previous representation when it has not.

Your practices also breach the following express warranties you made to consumers: "Clinically Shown to Improve Memory and Recall," "Enhances mental agility by improving cognitive function," "Improved memory and performance," and "Results in 4 weeks."

We hereby demand on behalf of our client and all others similarly situated that Defendant immediately correct and rectify these violations by either ceasing the sale of its products, or by discontinuing your misleading marketing campaign, ceasing dissemination of false and misleading information, and initiating a corrective advertising campaign to re-educate customers regarding the truth of the products at issue.

Given the stark representations made and the strong science contradicting them, we believe it is in everyone's best interests to discuss the possibility of resolving the matter before suit is filed. Please contact us to discuss. If we do not hear from you within thirty days, we will amend the Complaint filed in the Central District of California to include a claim for damages, including punitive damages, and for fees under the Consumers Legal Remedies Act on behalf of Plaintiff and the Class.

Andrew Houlberg
June 18, 2021
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We look forward to your response.

Sincerely,

A handwritten signature in blue ink, appearing to read "Kevin Hulick", with a stylized flourish at the end.

Kevin C. Hulick
khulick@spanglaw.com

KCH:pmf

cc:

EXHIBIT B

VENUE AFFIDAVIT

I, Brent Scarpo, being duly sworn state and aver the following is true and correct based upon my personal knowledge:

1. I am the Plaintiff in this action.

2. I am a competent adult, over eighteen years of age, and at all times material to this action, I have been a citizen of the United States, residing in California. I make this affidavit pursuant to California Code Section 1780(d).

3. The Complaint in this action is filed in a proper place for trial of this action, because one or more of the transactions that form the basis of the action occurred in this county.

FURTHER AFFIANT SAYETH NAUGHT.



Brent Scarpo

This document was signed by:

Brent Scarpo



Vinesign

Date 11/20/2021 6:31 PM UTC

Phone 7608353327

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Confirmation 37446FD7248778876716CBBCE6E9F2C0
F063E5A20272980A73851B6F6AC4D5C5



VINESIGN.COM

ClassAction.org

This complaint is part of ClassAction.org's searchable class action lawsuit database and can be found in this post: [Natrol's Cognium Memory Supplements Work No Better than a Placebo Pill, Class Action Claims](#)
